



College Football Schemes and Techniques: Offensive Field Guide

Matt Zeigler

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Matt Zeigler's College Football Schemes and Techniques-Offensive Field Guide explores offensive and special teams methods utilized on the collegiate level. Coaches, players and fans can learn the schemes and techniques of some of the best programs in college football. Coaches with experience in every major conference are the primary sources for CFST, including the SEC, ACC, Big 10, Big 12, Big East and PAC 12, plus the NFL and CFL.

- Offensively, CFST features North Carolina's Larry Fedora's no-huddle up-tempo spread attack; and Garrick McGee's multiple offense and UAB practice/QB development standards. As well as Joe Pendry's run blocking basics.
- Former Pac 12 and current Alabama Offensive Coordinator Doug Nussmeier's quarterback development techniques and basic play-action passing scheme are included in the author's 'offensive package.' Another chapter breaks-down situational football preparation on offense/special teams that enabled Gene Chizik and Auburn to win the 2010 National Championship.
- Florida State QBs Coach Dameyune Craig's methods for reading defenses and finding 'dead spots' in Cover 2 Zone are also examined.
- For programs on any level that have suffered through years of underachievement, CFST provides the rebuilding methods of Vanderbilt Head Coach James Franklin. Franklin had previous experience in the ACC, Big 12 and NFL as an offensive assistant or coordinator. In just his first season at Vanderbilt in 2011, he built the Commodores into a bowl team for only the fifth time in 123 years!

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