



Presence-Awareness: Just This and Nothing else

Sailor Bob Adamson, John Wheeler

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A respected figure in the field of non-duality, 'Sailor' Bob shares his understanding of our real nature, presence-awareness, with seekers who attend the weekly meetings at his home in Melbourne, Australia. Presence-Awareness consists of 44 short dialogues on this direct approach to spiritual understanding transcribed and edited by John Wheeler.

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