



Meat: A Benign Extravagance

Simon Fairlie

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Meat: A Benign Extravagance is a groundbreaking exploration of the difficult environmental, ethical and health issues surrounding the human consumption of animals. Garnering huge praise in the UK, this is a book that answers the question: should we be farming animals, or not? Not a simple answer, but one that takes all views on meat eating into account. It lays out in detail the reasons why we must indeed decrease the amount of meat we eat, both for the planet and for ourselves, and yet explores how different forms of agriculture--including livestock--shape our landscape and culture.

At the heart of this book, Simon Fairlie argues that society needs to re-orient itself back to the land, both physically and spiritually, and explains why an agriculture that can most readily achieve this is one that includes a measure of livestock farming. It is a well-researched look at agricultural and environmental theory from a fabulous writer and a farmer, and is sure to take off where other books on vegetarianism and veganism have fallen short in their global scope.

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From reader reviews:

Catherine Crider:

People live in this new day time of lifestyle always make an effort to and must have the extra time or they will get lot of stress from both way of life and work. So , whenever we ask do people have extra time, we will say absolutely without a doubt. People is human not a robot. Then we inquire again, what kind of activity are you experiencing when the spare time coming to a person of course your answer will probably unlimited right. Then do you ever try this one, reading publications. It can be your alternative within spending your spare time, often the book you have read will be Meat: A Benign Extravagance.

Sarah Farmer:

Playing with family in the park, coming to see the ocean world or hanging out with friends is thing that usually you have done when you have spare time, in that case why you don't try issue that really opposite from that. One particular activity that make you not experiencing tired but still relaxing, trilling like on roller coaster you have been ride on and with addition details. Even you love Meat: A Benign Extravagance, it is possible to enjoy both. It is fine combination right, you still desire to miss it? What kind of hang-out type is it? Oh occur its mind hangout people. What? Still don't have it, oh come on its identified as reading friends.

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