



# **The Psychotherapist As Parent Coordinator in High-Conflict Divorce: Strategies and Techniques (Haworth Practical Practice in Mental Health)**

*Susan Boyan, Ann Marie Termini*

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Develop a Parent Coordination program and minimize high stress for children of divorce!

This book offers a practical model for psychotherapists working as parent coordinators in collaboration with the Courts. The Psychotherapist As Parent Coordinator in High-Conflict Divorce: Strategies and Techniques provides professionals with an understanding of high-conflict divorce and its impact on children and families. This comprehensive guide lays out a step by step roadmap with tools and directives to help therapists develop and market a parent coordination practice.

In The Psychotherapist As Parent Coordinator in High-Conflict Divorce: Strategies and Techniques, you'll learn to diffuse parental conflict while teaching parents to remain child-focused. You'll also find techniques and strategies for dealing with various behaviors commonly exhibited by conflicted parents. This book examines additional factors such as unresolved anger, over-involved step-parents, and the impact of alcohol, abuse, and personality disorders while showing how to maintain control in a variety of situations.

The Psychotherapist As Parent Coordinator in High-Conflict Divorce: Strategies and Techniques gives you vital information and recommendations on:

- the child's developmental, physical, and emotional needs
- time-sharing arrangements and parenting plans
- how to understand and work effectively with the legal system
- how to manage and minimize parental alienation
- how to teach communication and conflict resolution skills
- how to work with emotionally impaired parents
- and much more

In addition to numerous tables and charts, The Psychotherapist As Parent Coordinator in High-Conflict Divorce: Strategies and Techniques provides methods of parental communication, time-sharing plans, and additional reading sources. More importantly, the appendix provides reproducible forms for your own parent coordination practice, including:

- standards of practice for parent coordination
- sample stipulation appointing a parent coordinator
- sample contracts
- a checklist for structuring parent coordination sessions
- a checklist for parenting plans

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