



# **The Book of Life Recovery: Inspiring Stories and Biblical Wisdom for Your Journey through the Twelve Steps**

*Stephen Arterburn, David Stoop*

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## **The Book of Life Recovery: Inspiring Stories and Biblical Wisdom for Your Journey through the Twelve Steps** Stephen Arterburn, David Stoop

Do you struggle with addictions or dependencies, or do you want to help someone who does? From the authors of the popular Life Recovery series that has guided millions of readers back to health and wholeness, now comes the ultimate recovery book?written from a Christian perspective. As authors and counselors, Stephen Arterburn and David Stoop walk readers through the Twelve Steps of recovery. They share real-life personal stories from survivors as well as Biblical stories and verses to support readers in their journey. Whether using the book alone, or as a companion to the popular *Life Recovery Bible*, this is an essential resource for anyone wanting to walk closer with God through recovery, as well as for their counselors, pastors, and loved ones.

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