



# For Certain I'm Hurtin'

*Robert Stern*

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## **For Certain I'm Hurtin'** Robert Stern

In society's overzealous pursuit of political correctness and gender equality, the basic relationship needs between men and women have been distorted. Experts like Dr. Laura Schlessinger and Alison Armstrong have taught that the key to a healthy, fulfilling relationship is to honor each others' primal needs: all men want sex and attention; all women want to be protected and provided for. Unless we can embrace these needs and find a partner willing to do the same, our relationships are doomed to fail. Through a series of relationships, Robert Stern struggled for years to understand these principles. After the painful split from his third wife, he embarked on a 'Quest for Shallowness,' embracing his need for sex and attention and discovered there's nothing shallow about meeting one's personal needs. *For Certain I'm Hurtin'* chronicles Stern's roller coaster journey through love, sex and the search for meaningful relationships in frank, unapologetic detail. He hopes his quest and revelations can help men and women learn how to transform their relationships into unions of true acceptance, love, and sexual fulfillment.

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