

## One-Strike Stopping Power: How To Win Street Confrontations With Speed And Skill

Frank Albert



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One-Strike Stopping Power: How To Win Street Confrontations With Speed And Skill Frank Albert The author, a veteran street cop, knows the dangerous "rituals" of violent encounters. Here he reveals the vulnerable targets of the human body that can result in your attacker collapsing to the pavement in pain or unconsciousness. Also learn how street people size you up as a victim and what you can do to discourage them.



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