



# **The Mind Rules: Master the 3 Powerful Principles that Rule Your Performance, Success, and Happiness**

*John A. Zulli*

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# The Mind Rules: Master the 3 Powerful Principles that Rule Your Performance, Success, and Happiness

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## **The Mind Rules: Master the 3 Powerful Principles that Rule Your Performance, Success, and Happiness** John A. Zulli

This book is your starting point for harnessing the immense power of the Mind Rules. Through the lives of famous people, amazing-but-true stories, and nostalgic history, you will learn what the Rules are, how they affect people and, most important, how to put them to use. Easily adapted to any situation, this entertaining and engaging guide holds the key to higher performance, offers proven strategies for creating powerful and indelible change, and presents individuals with a nonreligious way to connect with a deeper sense of life purpose and satisfaction. You Can Use Your Mind To... • Perform At Your Peak in Any Sport, Interview,

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...if you know the Rules.

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