



A Thankful Heart: How Gratitude Brings Hope And Healing To Your Life (First Place 4 Health)

Carole Lewis

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So many people are stuck in the pain of their problems, unable to see beyond the hurt in their lives. Giving thanks in such circumstances may seem impossible, but thankfulness is a powerful tool God uses to heal wounded hearts and transform “stuck” people. In *A Thankful Heart*, readers will hear real life stories from people like them who have discovered the power of thankfulness to change both their inward attitude and their outward situation. Plus, this warm, inspiring book contains a Thankfulness Journal to guide readers into a new perspective and record the healing process as it unfolds.

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Julia Hale:

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