

Faith Your Way to Happy: A Woman's 4-Principle Approach to Becoming Unstuck & Fully Charged in Life Through God's Teachings

Christine Mazza



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When we are not living our best life, God always lets us know. We become stuck, unmotivated, unhealthy, and unbalanced when we distance ourselves from God's plan.

God wants to lead us His way to achieve happiness and fully charged in life!

How do you manage the magnificent creation God made which is YOU in a powerful way leaving you confident, happy, energized, and well-balanced no matter what life throws at you?

And...how do you become unstuck in any situation just by following what God teaches us?

In this practical, light hearted faith-based book, Christine Mazza explains how you can become unstuck and fully charged in life by following God's teachings.

Through her personal struggles and Health Coach Certification, she shows the reader how to live a balanced healthy life that is uplifting and inspiring.

In this book, the reader will be given:

- Tools to achieve her best body
- Tools to achieve a powerful thought-life
- Tools to master emotions based on God's word
- Inspiration to live fully charged, happy, and become the best version of YOU

Don't waste another moment not living your best life. Become unstuck, follow God's teachings, and live a happy fulfilled life. Faith your way to happy!



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John Lopez:

Reading a book tends to be new life style with this era globalization. With looking at you can get a lot of information which will give you benefit in your life. Using book everyone in this world can easily share their idea. Guides can also inspire a lot of people. A great deal of author can inspire their reader with their story or even their experience. Not only the story that share in the publications. But also they write about the data about something that you need example. How to get the good score toefl, or how to teach your kids, there are many kinds of book that exist now. The authors these days always try to improve their proficiency in writing, they also doing some study before they write for their book. One of them is this Faith Your Way to Happy: A Woman's 4-Principle Approach to Becoming Unstuck & Fully Charged in Life Through God's Teachings.

Elvia Ecklund:

People live in this new day of lifestyle always try to and must have the free time or they will get lots of stress from both way of life and work. So, if we ask do people have time, we will say absolutely of course. People is human not really a huge robot. Then we consult again, what kind of activity do you have when the spare time coming to a person of course your answer will certainly unlimited right. Then ever try this one, reading books. It can be your alternative throughout spending your spare time, often the book you have read is actually Faith Your Way to Happy: A Woman's 4-Principle Approach to Becoming Unstuck & Fully Charged in Life Through God's Teachings.

Monica Bonner:

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and examining especially. It is to be initially opinion for you to like to open a book and learn it. Beside that the reserve Faith Your Way to Happy: A Woman's 4-Principle Approach to Becoming Unstuck & Fully Charged in Life Through God's Teachings can to be a newly purchased friend when you're really feel alone and confuse using what must you're doing of these time.

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