



Mirror Mirror...Am I Beautiful?: Looking Deeper to Find Your True Beauty

Shelley Hitz

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Does the mirror define your beauty and who you are? Are you desperately striving for the world's "perfect image" of outer beauty? Or have you given up trying, realizing you'll never be "good enough?"

It's time to look deeper, past the surface. It's time to find your true beauty!

Get practical, real-life, biblical advice for the issues you deal with every day...

Body Image. Beauty. Fashion. Sex. Dating. Self Esteem. Relationships.

Will you dare to look deeper?

If you do, you will find that there is so much more. More than what your mirror has for you. More than what Hollywood and the media has for you. More than what any guy can give you. When you look deeper, you'll find true satisfaction, true beauty and true intimacy waiting for you. Jesus is inviting you to take this journey with Him.

Will you accept?

What People Are Saying...

"Mirror, Mirror: Am I Beautiful?" by Shelley Hitz is one of the best books I have read this year, and I am not just saying that because I am writing a review about it either! Not only is this book enjoyable to read, but it is also easy to read.

I am encouraged by this book. It is refreshing to read a book that speaks about things I have struggled with, such as self-esteem and confidence with who God made me to be. It can be so easy to fall into the trap the devil sets for us, to try and steal our joy by getting us to focus our attention on our outward appearance, instead of on our inward appearance, where it really matters.

In her book Shelley Hitz does a great job of helping girls overcome their self-esteem issues by leading them to the Word of God. **I encourage every girl who reads this to read "Mirror, Mirror: Am I Beautiful?" by Shelley Hitz. You will be encouraged!"**

--Mardi Robyn, author of isthismodest.com

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From reader reviews:

Rose Nguyen:

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Claudia Butler:

Spent a free the perfect time to be fun activity to do! A lot of people spent their leisure time with their family, or all their friends. Usually they carrying out activity like watching television, gonna beach, or picnic inside the park. They actually doing same task every week. Do you feel it? Do you want to something different to fill your free time/ holiday? Might be reading a book may be option to fill your totally free time/ holiday. The first thing that you will ask may be what kinds of e-book that you should read. If you want to consider look for book, may be the guide untitled Mirror Mirror...Am I Beautiful?: Looking Deeper to Find Your True Beauty can be fine book to read. May be it might be best activity to you.

Ronald Cleary:

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Morgan Johnson:

What is your hobby? Have you heard which question when you got learners? We believe that that problem was given by teacher with their students. Many kinds of hobby, Every person has different hobby. Therefore you know that little person similar to reading or as looking at become their hobby. You need to understand that reading is very important along with book as to be the issue. Book is important thing to incorporate you knowledge, except your current teacher or lecturer. You discover good news or update about something by book. Different categories of books that can you decide to try be your object. One of them is niagra Mirror Mirror...Am I Beautiful?: Looking Deeper to Find Your True Beauty.

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