



Then Came Life: Living with Courage, Spirit, and Gratitude After Breast Cancer

Geralyn Lucas

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Author of *Why I Wore Lipstick to My Mastectomy* Geralyn Lucas's funny and moving story of leaving the traumatic experience of cancer behind and learning to survive all the challenges of a life she thought she would not have.

When Geralyn Lucas, author of *Why I Wore Lipstick to My Mastectomy*, put on red lipstick in the hall on the way to the operating room, she was showing her doctors, her family, and, most important, herself that she planned on coming out of the OR and living life to the fullest. She figured that that day in the OR would be the hardest day of her life—but, it turns out, the twenty-seven-year-old cancer survivor was a bit short-sighted.

Then Came Life picks up almost two decades later, when Geralyn is now living the life she was afraid she'd never be able to have. After having almost died from cancer as a young woman, Geralyn felt that growing old enough to get wrinkles is a gift—one she prayed fervently for in her youth. But she is now in her midforties: Her two miracle babies (both C-sections, both advised against by her doctors) have grown into a mean tween with a fierce eye roll for her mother's failures and a tornado of little-boy energy who refuses to play by his preschool's rules; a storybook romance with her husband has become couples therapy with a grumpy prince; and her demanding corporate job at Lifetime TV that she loves moves across the country without her. She has lost the wonder of that cancer gratitude moment, and when she looks in the mirror at her hard-won wrinkles, all she can think about is that she wants to have Botox.

Then Came Life is a charming, quirky, delightful yet poignant story of surviving life, a collection of coming-of-(middle)-age stories of trying to be a role model for her daughter while being dissatisfied with her own looks, and what happens when her adoring son is more intent on romancing her than her husband is (right down to dueling Valentine's Day cards). With the clear-eyed wit and observations of Nora Ephron, she not only explores the dissonance of facing the challenges she was afraid she wouldn't be alive to have but also confronts them with a great sense of infectious empowerment and a hilarious voice. Geralyn harnesses her fighting spirit and leaves behind the trauma of cancer to battle all the rest that life has to throw at her. *Then Came Life* is not a cancer recovery story: It is about rediscovering the resilience, courage, and optimism it takes to reinvent yourself at every age.

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From reader reviews:

Walter Chacon:

Reading can be called imagination hangout, why? Because when you are reading a book especially a book entitled *Then Came Life: Living with Courage, Spirit, and Gratitude After Breast Cancer* your thoughts will drift away through every dimension, wandering in each and every aspect that maybe not known for but surely can become your mind friends. Imagining just about every word written in a guide then become one application from conclusion and explanation which maybe you never get ahead of. *Then Came Life: Living with Courage, Spirit, and Gratitude After Breast Cancer* giving you a different experience more than blown away the mind but also giving you useful info for your better life within this era. So now let us show you the relaxing pattern here is your body and mind will probably be pleased when you are finished looking at it, like winning a casino game. Do you want to try this extraordinary paying spare time activity?

Marian Sheffield:

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Mary Benoit:

On this era which is the greater man or woman or who has ability to do something more are more treasured than other. Do you want to become certainly one of it? It is just simple way to have that. What you need to do is just spending your time not much but quite enough to possess a look at some books. One of several books in the top collection in your reading list is definitely *Then Came Life: Living with Courage, Spirit, and Gratitude After Breast Cancer*. This book which can be qualified as *The Hungry Hillside* can get you closer in getting precious person. By looking right up and review this publication you can get many advantages.

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