



How do you Stop Reverse Diabetes Cancer Heart Disease and Auto Immune Dysfunction

Mark Kishon Christopher

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Diabetes, Cancer, Heart Disease and Immune Dysfunctions and a host of other Diseases are the Diseases of Affluence. I was once an Insulin dependent Diabetic, I am now completely drug free - why? Where this book is so very different, is that it will explain the reasons at the heart of why you are suffering from these conditions. When I first set out to cure myself of diabetes, I wanted to become fitter and stronger than I had ever been before. In doing so I unraveled the simplest of practises and physical conditioning nourished the whole body. Plus I wanted to understand diseases, nutrition, pharmaceuticals the agricultural industries and all the factors that contribute to our well-being – or lack of it!

I felt myself drawn further into solutions and found myself challenging and breaking the boundaries of present human understanding. The journey I took led me to investigate individuals as well as private and governmental institutions, where I found acts of sub-human cruelty, to rival the most horrific low points in the history of our kind on our planet. This book is an in-depth investigation into the pharmaceutical industries as well as observations of geopolitical practices. This part of the book is not for the faint hearted and should not be read if you wish to keep your faith in humanity, as you have understood it thus far. If you want me to throw light on the human condition, if you want to understand why our fellow human beings do what they do, then with my uncompromising honesty, reading this section will open your eyes,.

Exploring the possibilities of cures for diseases was not enough for me, however, and I wanted to know why I was suffering and what was going on in my body and in the world around me. I wanted to know why it was so easy to cure my diabetes, (I did it in 10 days) and why before that and despite 11 years of following the advice of the medical and dietary professions I was still dying of this disease. This book is about the cure, the reasons why this is happening to you and why you have not wised up to how to deal with your curable illness until now.

I traced the 1971 promise of funds to fight ‘the war on Cancer’ to entities planning fights of a very different kind; to companies that develop chemical and biological warfare and are involved in the new and covert arming of Macro Organisms and the weaponization of space. The hundreds of billions dollars that was promised to the World, to cure diseases like cancer are going into weapons research! The promise was in fact one of the ways the USA has part of the new North American Alliance pooled their money into Trillions of dollars, in the now dominance of Space, Energy Supply, and the Control for the ‘Global Food Supply’.

Thanks to what I have found out, stopping or reversing these diseases, will be simplicity itself. To help you and to develop your knowledge, I have included several lectures and documentaries wherever it was appropriate to do so, thanks to the Internet. This book also traces the origins and the continuous practices of companies that use poisons, murder, and acts of human depravity as part of their business model. In such cases I have included briefings and debriefing tactics to return you’re thinking and falling back to your good sense of mind, after reading or watching my traumatic findings. Please do not skip these, you will need them for your sanity.

There are no examples in this book that are not founded in real solutions or presented without being properly qualified. I will never ask you to believe me or take my word for it. I will back up my words with Evidence. There are more than a dozen entries that are original and are outside the boundaries of present human knowledge. I have offered them to you as a free gift so that the pharmaceutical and cosmetic industries do not patent cures and remedies and/or withhold them from you.

Enjoy every part of the change you have decided to take by opening this book. Mark Kishon Christopher

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