

### Competing Like a Pro: Spotlight Strategies to Help You Shine On and Off the Ballroom Floor

Jessika Ferm



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# Competing Like a Pro: Spotlight Strategies to Help You Shine On and Off the Ballroom Floor

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Incorporating concepts from ballroom dancing, sports psychology, personal development, and business management, this must-read book offers strategies, secrets, tips, and tools to help dancers of every level improve their dancing experience and competing success-while maximizing the joy of ballroom dancing. Competing Like a Pro features interviews with over 20 top judges, competition organizers, professional dancers, amateur dancers, costume designers, hair stylists, and make-up artists. Never before have so many experts shared so many secrets in one comprehensive book! Read their amazing success stories-and you'll be Competing Like a Pro in no time!



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